

Yong Kim, DDS, MSD

Post-Root Canal Instructions

Soreness: The tooth is usually mild to moderately sore when the numbness is gone. You may have discomfort or throbbing part of today and possibly into tomorrow. This is due to inflammation in the bone and tissue around the tooth, and should be easily relieved with an anti-inflammatory medication (600mg of Ibuprofen, Motrin, or Advil every 6 hours --or-- 2 Extra-Strength Tylenol every 6 hours). Start the medication before the numbness wears off and repeat until the soreness is gone.

Medication: Should you experience more soreness than the anti-inflammatory medication will relieve, please call Dr. Kim to discuss it. He may prescribe another pain medication and/or an antibiotic. This is not common -- *do not expect it.*

Restoration: The hole that was drilled in the chewing surface of your tooth was filled with a temporary filling (unless you were told otherwise). A full crown is recommended for most teeth to prevent fractures and loss of the tooth; please schedule an appointment with your general dentist for this procedure as soon as practical. If you already have a crown a new one is usually not necessary.

Predictability: Your treatment involved technological breakthroughs such as surgical microscopes, digital x-rays, computer-designed drills and sonic files, and advanced filling techniques and materials. Most endodontically treated teeth will last as long as any tooth in your mouth if they are properly cared for and restored.

Questions: We have tried to thoroughly explain how and why your infection started, the various treatment options available to you, and the intricacies of your root canal procedure. Should you have further questions please call us during regular business hours at the office (530-673-1401). In case of an emergency if Dr. Kim is not at the office his cell phone number is 702-419-6906.

Thank you: We truly appreciate your confidence in us as your dental specialty care provider. Our primary concern is your comfort and health, and we want you to feel cared for as we would want to be cared for ourselves. We hope you do not have problems that would require our services in the future, but if you do you may call us directly any time.